



PROGRAM OVERVIEW

DAY 1: **Friday 19 September (12:30 - 17:00 Half Day)**

Foundations of Urodynamics

DAY 2: **Saturday 20 September (08:30 - 17:15 Full Day)**

Hands-On Session & Practical Rotations

Advanced Cases, Controversies & Special Populations



VENUE:

Lecture Theatre,

Royal Adelaide Hospital

Port Rd Adelaide



DAY 1

12:30 - 13:00 Registration & Welcome

Coffee / Tea and Networking

Introduction

13:00 - 17:00 Session One: Foundations of Urodynamics

13:00 - 13:45 Principles of Lower Urinary Tract Function

Anatomy and physiology of micturition

Nephrophysiology overview

13:45 - 14:30 Types of Urodynamic Studies

Non-invasive vs Invasive

Cystometry, pressure-flow, uroflowmetry, video-urodynamics



14:30 - 14:45 Afternoon Break



14:45 - 15:30 Setting Up a Urodynamics Lab

Equipment, catheters, setup tips

Troubleshooting hardware / software

15:30 - 16:30 Performing a UroDynamic Study (Step-by-step)

Catheter placement, filling options

Recognising artefacts and common errors

16:30 - 17:00 Wrap Up and Q&A

Feedback forms distributed

Closing remarks and questions



DAY 2

09:00 - 12:45 Session Two: Hands-On Session & Practical Rotations

09:00 - 10:00 Hands-On Practical - Station Rotations

Participants rotate through small-group skill stations:

- Catheter insertion and setup
- Software demo and data capture
- Artefact identification

10:00 - 10:45 Interpreting Urodynamic Traces

Small groups on rotation

Key patterns: DO, DU, obstruction

Clinical correlation with LUTS



10:45 - 11:00 Morning Tea

11:00 - 12:00 Case Based Interpretation - Interactive

Audience voting / discussion

Mixed cases: neurogenic, stress incontinence, BOO

12:00 - 12:45 Urodynamics Reporting and Clinical Decision Making

How to structure a report

Using results in surgical planning (SUI, OAB, prostate)



12:45 - 13:45 Lunch

Certificates for Day 1 attendees

13:45 - 17:15 Session Three Advanced Cases, Controversies & Special Populations

13:45 - 14:30 Urodynamics in Special Populations

Neurogenic Bladder

Paediatrics

Frail elderly

14:30 - 15:15 Complex Case Panel

Panel discussion of challenging real-world cases

Neuromodulation

Audience questions and discussion



15:15 - 15:30 Afternoon Break

15:30 - 16:15 Quality Assurance in Urodynamics

Audit, reproducibility, technician training

Urodynamics accreditation

16:15 - 17:00 Simulation and Case Interpretation Exam

Participants interpret 3-5 traces and write reports

Optional for CPD Credit



17:00 - 17:15 Closing and Course Evaluation

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