

Assess and manage patients presenting with acute urinary retention

Description

The trainee can assess patients presenting with acute urinary retention in a prompt manner and sensitively communicate the need for emergency treatment to patients. They are also able to deal with difficult catheterisation and insert a suprapubic catheter, if required. The trainee can manage underlying diagnoses contributing to the presentation by organising ongoing investigations and follow up for patients. Throughout, they demonstrate collaboration with other medical teams to provide optimal care.

EPA Code	EPA 3	Clinical Urology Topic Area	Lower Urinary Tract
Stage of Training	Basic	Prerequisite EPAs	None
Required Competencies			
<p>Demonstrate knowledge of:</p> <ul style="list-style-type: none"> • physiology and neurophysiology of the urinary tract • aetiology and pathophysiology of urinary retention • management of complications of retention. <p>Respond promptly to consult requests from emergency department staff.</p> <p>Optimise the physical environment for patients' comfort, privacy and dignity.</p> <p>Develop rapport and trust in a timely manner, in the context of patient anxiety and vulnerability.</p> <p>Assess patients presenting with LUTS, including vaginal examination, digital rectal examination and focussed neurological examination.</p> <p>Communicate information with patients and their families to facilitate shared decision-making.</p> <p>Respond to patients' specific needs and develop individualised treatment plans (including non-surgical and surgical options) that maximise benefit to them.</p> <p>Manage patients with acute urinary retention.</p> <p>Establish drainage in a patient who is difficult to catheterise.</p> <p>Perform insertion of supra pubic catheter.</p> <p>Manage patients in distress with respect and compassion.</p>			
Evidence (minimum of two different assessors for each tool type)			
<p>Must include the following feedback tools (as a minimum):</p> <ul style="list-style-type: none"> • 2 x Observed Patient Consultations of assessing and managing patients who have retention. One case should be acute and one chronic. Cases should include a male and female. • Case based Discussions: <ul style="list-style-type: none"> ○ 1 x patient who is difficult to catheterise. ○ 1 x patient who has high pressure chronic retention and requires management of post obstructive diuresis. • Observed Surgical Performances: <ul style="list-style-type: none"> ○ 1 x patient who is difficult to catheterise ○ 1 x patient who requires insertion of a supra pubic catheter. 			

EPA Completion Trainee

Has the trainee requested completion of this EPA previously? Yes No

If yes, please check prior EPA Completion form/s to review feedback provided and previous tools completed.

At least two different assessors who indicate the trainee can complete the next case independently must be submitted for each feedback tool type (e.g. OPC, OSP).

Date	Type	Case Description	Assessor

The trainee's logbook indicates sufficient exposure to relevant procedures to develop competence, and supervision levels recorded in logbook are commensurate with evidence from feedback tools.

Recommendation (select one)

Evidence from feedback tools indicates that the trainee is competent to assess and manage patients presenting with acute urinary retention.	
The trainee needs to continue learning and completing feedback tools and re-present for assessment of completion of this EPA (provide comment below).	
<p><i>The trainee should complete the following before re-presenting for EPA sign off:</i></p> 	

Training Supervisor:	Signature:
List trainers who discussed and confirmed training unit consensus decision:	